Celebration of the 500th Anniversary of Camões

First Aid Kit

- Alcohol
- Elastic gauze bandage
- Betadine
- Adhesive bandages (various sizes)
- Sterile compresses



- Blunt-tipped scissors and tweezers
- Thermometer
- Saline solution
- Disposable gloves
- Ointments
- Anti-diarrheal medication
- Anti-nausea medication
- Antihistamines
- Thermal blanket
- Antiseptic wipes or solution
- Pain relief medication
- First aid manual
- Cotton



